

Dear New Patient,

Please complete the following questionnaire as fully and carefully as possible. Your answers will help us to process your file, determine the nature of your complaint, and decide how best to assist you. This information will remain strictly confidential.

**PERSONAL INFORMATION**

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_ Gender: \_\_\_\_\_  
 (dd/mm/yyyy)

Mailing Address: \_\_\_\_\_

Phone Number: \_\_\_\_\_ Email: \_\_\_\_\_

Family Doctor's Name: \_\_\_\_\_ Family Doctor's Phone Number: \_\_\_\_\_

Occupation: \_\_\_\_\_ Emergency Contact Name: \_\_\_\_\_  
 Phone Number & Relation: \_\_\_\_\_

How were you referred to our clinic? \_\_\_\_\_ OHIP Number: \_\_\_\_\_

**CURRENT HEALTH STATUS**

What are you seeking treatment for? \_\_\_\_\_

Have you had this injury/condition before?  Yes  No If yes, when: \_\_\_\_\_

Did you seek therapy for it?  Yes  No If yes, what kind: \_\_\_\_\_

Was this a motor vehicle accident (MVA) or a workplace injury?  Yes  No

How long has the condition been bothering you? \_\_\_\_\_

Have you had any imaging for this condition (X-ray, CT scan, MRI) ?  Yes  No

If yes, when and where? \_\_\_\_\_

Are there any other conditions you would like to discuss? \_\_\_\_\_

Please list any **medications or supplements** you are currently taking and the reason for taking them:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Please list any previous **surgeries, hospitalizations, fractures, or accidents/traumas** (include year):

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Please indicate which of the following you are currently experiencing or have experienced in the past by writing **C** ( for current ) or **P** ( for past ) where applicable.

### CARDIOVASCULAR

- Stroke
- High Blood Pressure
- Low Blood Pressure
- Circulatory Disorders
- Varicose Veins
- Pacemaker
- Phlebitis
- Heart Disease
- Chronic Congestive Heart Failure
- Myocardial Infarction

### RESPIRATORY

- Emphysema
- Asthma
- Chronic Cough
- Bronchitis
- Breathing Difficulty
- Lung Disorder

### NEUROLOGICAL

- Epilepsy
- Multiple Sclerosis
- Loss of Sensation
- Neuritis
- Other \_\_\_\_\_

### DIGESTIVE & URINARY

- Chronic Abdominal Pain
- Prolonged Constipation
- Diarrhea
- Frequent Urination
- Irritable Bowel Syndrome
- Ulcerative Colitis/Crones
- Pelvic Inflammatory Disease
- Gastritis
- Liver / Gall Bladder
- Kidney / Bladder Disease

### SKIN

- Bruise Easily
- Skin Cancer
- Eczema / Psoriasis
- Rash
- Cold Sores / Warts
- Herpes
- Athlete's Foot
- Loss of Sensation
- Other \_\_\_\_\_

### HEAD & NECK

- Headache
- Migraine
- Visual Disturbances
- Earaches
- Hearing Problems
- Teeth / Jaw Pain
- Locked Jaw
- Sinus Pain
- Injury
- Dizziness / Vertigo

### SOFT TISSUE & JOINTS

- Neck
- Shoulder
- Arm / Elbow
- Chest
- Abdomen
- Upper Back
- Mid Back
- Lower Back
- Hip
- Leg
- Knee
- Ankle

### GENITOURINARY

- Hemorrhoids
- Prostate Problems
- Sexual Dysfunction
- Hernias
- Menstrual Problems
- Menopausal Problems
- Endometriosis
- Previous C-Section
- PCOS

### OTHER

- Allergies
- Arthritis
- Cancer
- Carpal Tunnel Syndrome
- Chronic Fatigue Syndrome
- Diabetes
- Fainting
- Fibromyalgia

- HIV / AIDS
- Hemophilia
- Hepatitis
- Insomnia
- Osteoporosis
- Scoliosis
- Tuberculosis
- Corticosteroid use over 3 months

### INJURIES

- Muscle Strain
- Ligament Sprain
- Fracture
- Whiplash
- Herniated Disc
- Other: \_\_\_\_\_

### SURGICAL IMPLANTS

- Pins
- Plates
- Artificial joints:
- Other: \_\_\_\_\_

Other Conditions Not Listed Above: \_\_\_\_\_

Has anyone in your **family** had any of the following conditions (please specify whom):

- |                          |                           |
|--------------------------|---------------------------|
| Heart disease _____      | High blood pressure _____ |
| Cancer _____             | Diabetes _____            |
| Stroke _____             | Arthritis _____           |
| Autoimmune disease _____ | Other _____               |

Please indicate how often you take part in these activities in an average week:

- Exercise (type) \_\_\_\_\_ days/wk \_\_\_\_\_
- Consume Alcohol \_\_\_\_\_ drinks/wk \_\_\_\_\_
- Consume Caffeine \_\_\_\_\_ drinks/wk \_\_\_\_\_
- Smoking/Vaping/Marijuana/Recreational Drug Use Frequency \_\_\_\_\_

Do you wear orthotics?  Yes  No

How long have you had this pair? \_\_\_\_\_

If you previously smoked, please indicate how long you smoked for and when you quit \_\_\_\_\_

Name: \_\_\_\_\_

Date: \_\_\_\_\_

On the diagram provided below please mark the areas on your body which you feel best represent the pain(s) or sensation(s) you are experiencing. Please include all areas. Use the symbols provided below.

**SYMBOLS:**

Numbness zzzzz

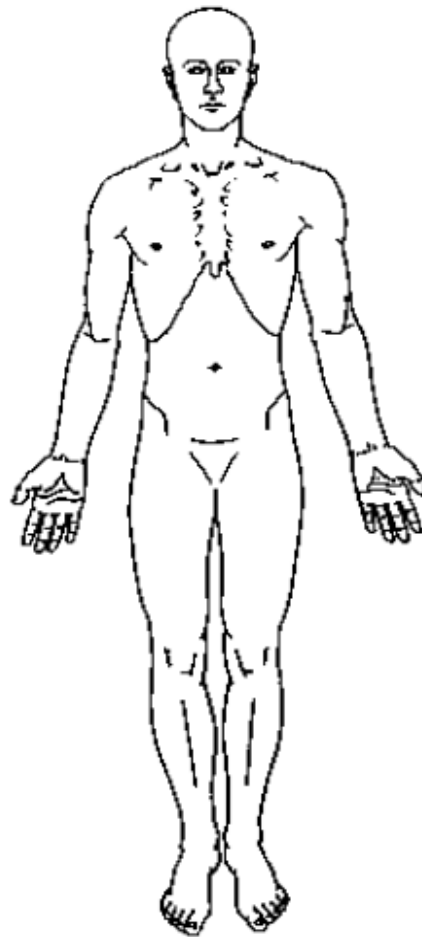
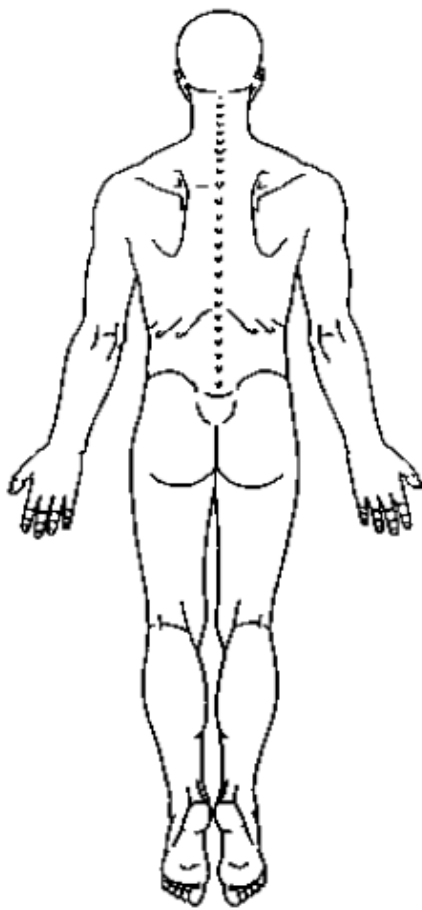
Pins & Needles . . . . .

Dull & Aching //////////////

Burning xxxxxxx

Sharp & Stabbing ooooo

Stiff and Tight ++++++



What movements/activities are especially aggravating to your pain? \_\_\_\_\_

What movements/activities make you feel more comfortable? \_\_\_\_\_

Is your pain getting  better?       worse?       staying relatively constant?

Rate the following by circling a number:

Level of pain **now**:      None 0 1 2 3 4 5 6 7 8 9 10 Worst ever felt

Level of pain **at its worst**: None 0 1 2 3 4 5 6 7 8 9 10 Worst ever felt